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University Lifelong Learning to Live a Better Life – Continuing Education for Sustainable Quality of Life in Europe

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Strand: Wellbeing in a Digital Age

ICT knowledge as an essential skill to higher education success and labour market opportunities

There seems to be a consensus among teachers in both countries regarding the importance of ICT, and those who feel more secure in their use are those with more training in this area (Costa, 2008; Jimoyannis & Komis, 2007; Liu, Toki & Pange, 2013; Tsitouridou & Vryzas, 2003;). Given the digital era and the increasing importance of ICT in our society, and more specifically in the field of education, it's knowledge is very important and has multiple benefits, not only concerning the students and their capacity to frequent the higher education, but also regarding the labour market opportunities for teachers (as cited in Bitzens & Vlachos; Figueiredo, 2009; Ponte, 2000; Ponte, 2002). Several studies in Greece and Portugal show us these benefits and how ICT and digitalisation skills have an important role in the process of lifelong learning (Belias et. al, 2016; Pappas et. al, 2017; Trindade, 2014). Consequently, these promote a wellbeing in a Digital Age. Thus, this paper is a literature review about the relationship between ICT skills and how they are essential for further and higher education and labour market opportunities.